



# Success Centre Weekly Newsletter

## 2 – 8 March 2025

The semester is in full swing, and it's time to **stay on top of your studies!** This week, we've got **workshops on AI ethics and resume writing.** Plus, don't miss out on our **St. Patrick's Day T-shirt-making event.** We also have useful resources on **AI, academic integrity, and productivity.** Stay informed, stay focused, and make the most of your week!

<b>WORKSHOPS</b>	<p> <b>GenAI: How to use it ethically and efficiently</b> ⚙️</p> <ul style="list-style-type: none"> <li>✓ Learn how to use GenAI efficiently and ethically</li> <li>✓ Learn about the benefits and risks of GenAI in education</li> </ul> <p> Monday March 3rd at 5:30 PM</p> <ul style="list-style-type: none"> <li> Bilingual</li> <li> Girouard 105</li> </ul>
	<p> <b>Resume Writing: Make Your Application Shine</b> 📄</p> <ul style="list-style-type: none"> <li>✓ Essential sections in a resume</li> <li>✓ Formatting tips, proofreading strategies, and more</li> </ul> <p> Tuesday March 4th at 6:00 PM</p> <ul style="list-style-type: none"> <li> Bilingual</li> <li> Zoom <a href="#">Click Here to Join</a></li> </ul>

<b>MORE</b>	<p> <b>Upcoming Workshops</b> 🚀</p>
	<p> <u>Manage Expectations and Fight Procrastination:</u>  March 19 / March 21</p>
	<p> <u>Finish Strong: End-of-Semester Management:</u>  March 26 / March 28</p>
	<p> <u>Conquer Finals: Smart Study &amp; Exam Prep Strategies:</u>  April 2<sup>nd</sup> / April 4<sup>th</sup></p>

<b>ACTIVITY</b>	<p> <b>Get Creative for St. Patrick's Day!</b> 🍀🎨</p> <p>Join the Success Centre and Unit Funds for this fun and festive <b>T-shirt-making event!</b> Whether you are a student or staff member, join us to design your very own <b>St. Patrick's Day T-shirt</b> and celebrate in style! (t-shirt and accessories included)</p>
	<p> <b>March 5<sup>th</sup></b></p>
	<p> 1:00 – 3:00 PM</p>
	<p> 6:00 – 8:00 PM</p>
	<p> Learning Commons – Massey Library</p>

<b>WEBINARS</b>	<p> <b>Webinar: Workplace Harassment and Violence Prevention</b> 🚨</p> <p>For staff (civilians and military who supervise civilians)</p>	
	<p> Wed., March 26<sup>th</sup> at 9 A.M.</p>	<p> Wed., March 26<sup>th</sup> at 8 A.M.</p>
	<p> English</p>	<p> French</p>
	<p> Teams <a href="#">Click Here</a></p>	<p> Teams <a href="#">Click Here</a></p>



**SUCCESS CENTRE**

**📣 Stop by the Success Centre for Support and Guidance! 🗨️**

- ✓ Personalized guidance
- ✓ Motivation and more!
- ✓ Time management
- ✓ In-person & online appointments available

✉ Email: [Martine.Thivierge-Bournival@rmc.ca](mailto:Martine.Thivierge-Bournival@rmc.ca) 📍 **M107A**

📍 **Book an Appointment:** Check the schedule => <https://rmc.mywconline.com>  
(Success Centre – Winter 2025)

🚫 **Important Notice!**  
There will be no advisor or learning specialist available from **March 6th to 17th inclusively**.  
Please plan ahead and reach out before these dates if you need support! 📅 🗨️

**WRITING CENTRE**

**📖 Strengthen Your Writing with the RMC Writing Centre! 🗨️**

- ✓ Get expert guidance
- ✓ Learn how to cite properly
- ✓ Improve clarity, structure, and style
- ✓ Book in-person or online sessions

📍 **View the tutors' schedule & book an appointment:**  
🔗 <https://rmc.mywconline.com>  
(Writing Centre – Winter 2025)

🚫 **Feeling the Pressure of Assignments & Essays? 🤔 📅**  
Don't wait until the last minute! If you're starting to feel stressed about upcoming deadlines, book an appointment with a tutor for guidance and support.

**PEER TUTORS**

**🗨️ Struggling with a class? We've got you covered!**

- ✓ Friendly & knowledgeable peer tutors
- ✓ Flexible scheduling
- ✓ Support for a variety of subjects
- ✓ Book in-person sessions

📍 **Check their availability & book a session:**  
🔗 <https://rmc.mywconline.com>  
(Peer Tutors – Winter 2025)

**SISIP**

**☕ Meet with a Financial Advisor from SISIP – Expertise & a Warm Drink! ☕**

- ✓ Guidance on all financial matters.
- ✓ A BMO representative will be there on March 3<sup>rd</sup> and March 17<sup>th</sup>

📅 **Every Monday** ⌚ **4:00 – 6:30 PM** 📍 **M107C**

✉ **Contact for more info:** [Hoddinott.Deborah@cfmws.com](mailto:Hoddinott.Deborah@cfmws.com)

**CHAPLAIN**

**Meet with Chaplain Patrick Lublink 😊**

- ✓ Want to chat.
- ✓ Need guidance?

📅 **Monday, March 3<sup>rd</sup> and 24<sup>th</sup>** ⌚ **7:00 – 9:00 PM** 📍 **M107B**



**WEB PAGE**

 **AI Resources for Students – PUPP** 

Want to learn how to use **AI ethically and effectively** in your studies? The **Partnership on University Plagiarism Prevention (PUPP)** offers valuable resources to help students navigate AI tools while maintaining **academic integrity**.

- ✓ Understand AI’s role in research & writing
- ✓ Learn how to cite AI-generated content properly
- ✓ Avoid common pitfalls like plagiarism & misinform

 **Check it out here:** [PUPP - Resources for Students \(english\)](#)

**APP**

 **Boost Your Productivity with Evernote AI!** 

Need help staying organized with notes, assignments, and to-do lists? **Evernote AI** is a **smart, AI-powered** note-taking app that helps you **capture ideas, organize tasks, and enhance productivity**—all in one place!

- ✓ AI-powered search & organization
- ✓ Smart templates for notes & assignments
- ✓ Voice-to-text & document scanning

 **Check it out here:** [Click here to TRY Evernote for Free! \(3 days\)](#)

**PODCAST**

 **Podcast Spotlight: Cornell Keynotes on Generative AI!**  

Curious about the latest trends in **Generative AI and technology**? The **Cornell Keynotes Podcast** dives into the impact of AI on education, research, and beyond. Stay informed with expert insights on this rapidly evolving field!

- ✓ Current AI trends & innovations
- ✓ Ethical considerations in AI use
- ✓ The future of AI in academia & industry

 **Listen here:** [Current trends in generative AI tech - Cornell Keynotes Podcast](#)

**RIDDLE**

Q I can get you in trouble if I appear,  
Copying others makes me clear.  
A shortcut today, a risk you take,  
Your own hard work, you should not fake.

? **What am I?** \_\_\_\_\_


**Last newsletter’s answer : stress**

 **Play & Win!**  

Test your skills with our weekly riddle & crossword challenge!  

 Participate each week until March 29th for a chance to win! 

 **Prize: A yoga mat & yoga block to help you relax and stay balanced!**  

 A prize will be randomly awarded to one lucky participant at the end of March!

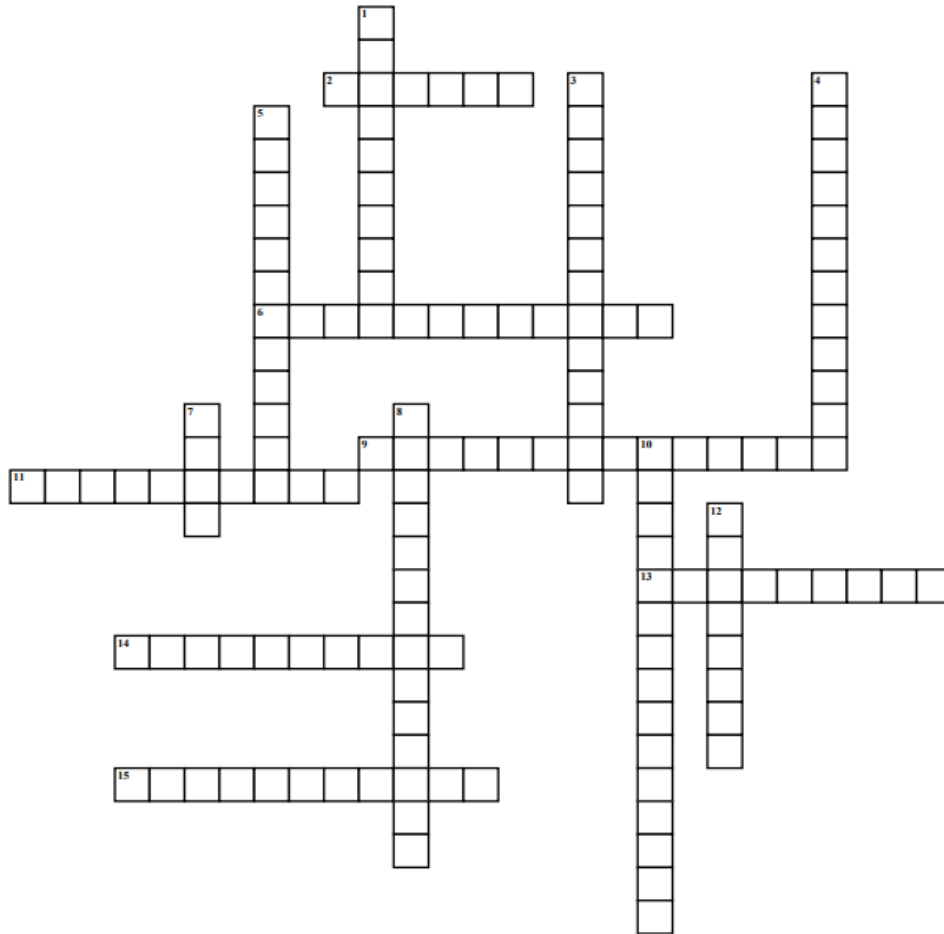
Don’t miss out—submit your answers every week and increase your chances of winning!  

 Send your answers to: [SuccessCentre-CentredeSucces@rmc-cmr.ca](mailto:SuccessCentre-CentredeSucces@rmc-cmr.ca)!



Challenge yourself! Solve the crossword to sharpen your mind, expand your vocabulary, and have some fun! Give it a try—you might learn something new! 🧠📖

### Ethical AI & Academic Integrity



CROSSWORD CHALLENGE

#### Across

- [2] Moral principles that guide the responsible use of AI in academia and beyond.
- [6] The practice of making AI processes and decision-making understandable to users.
- [9] False or misleading information, sometimes generated by AI without intent to deceive.
- [11] Using someone else's work or AI-generated content without proper attribution. [13] Adhering to ethical and academic standards when using AI tools.
- [14] Informing others when AI-generated content has been used in academic work.
- [15] Giving proper credit to sources, including AI-generated content.

#### Down

- [1] Using AI to perform repetitive tasks efficiently without human intervention.
- [3] When an AI model generates false or misleading information as if it were true.
- [4] The process of checking the accuracy of AI-generated content before use.
- [5] AI systems that create new content, such as text, images, or code.
- [7] A tendency of AI models to favor certain viewpoints or demographics due to training data.
- [8] Deliberately false information, often spread to mislead others.
- [10] A subset of AI where systems learn from data without explicit programming.
- [12] A reference to the source of information, ensuring academic integrity.